

## SCHEDULE OF EVENTS

Greece & Turkey 2009\*



### **The Sacred Marriage between the Divine Feminine and Spiritual Warrior**

*Out beyond ideas of wrongdoing and rightdoing there is a field.  
I'll meet you there. – Rumi*

This is a mystical journey of spiritual remembering where the archetypal powers of the gods and goddesses re-awaken our own Divine Feminine and Masculine. Through inspirational teachings, meditations and group sharing, participants are offered the chance to listen to the oracles, receive nurturing from the Great Mother and strengthen their own inner resolve.

Throughout the tour, Christine will share mythological and intuitive insights allowing quality time for participants to have their own experience with these profound spiritual energies.

\*The organizers retain the right to change the schedule due to unforeseen circumstances.

**Frontiers of Health | Christine Page, M.D. | Leland Landry**  
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## DAY 01: Monday 20<sup>th</sup> April 2009

Following arrival in **Athens**, make your own way to hotel from the airport.

Group meeting in the Athens hotel at 5pm (17.00hrs)

Overnight Athens

## DAY 02: Tuesday 21st April

**Athens** – Visit the Acropolis, towering above modern Athens. View the magnificent *Parthenon* built to the dimensions of a *Vesica Piscis* in honor of the Virgin goddess, Athena. Visit the *Erechtheion* which once housed the sacred statue of the goddess, said to have been thrown down from the sky to protect the city.

Visit the National Archaeological Museum which houses magnificent highlights of Greek civilization including those from Mycenae and Santorini.

**Eleusis** - Visit the site of the *Eleusinian Mysteries*, begun in 1500BCE and performed annually for 2000 years. Taught to the people by Demeter, the mother of Persephone, as she grieved over her daughter's abduction into the underworld, there is much secrecy about the process. Yet it is clear that the rituals performed, awakened the immortal nature of our existence.

**Nafplion** – Overnight in this ancient and beautiful city.

## DAY 03: Wednesday 22nd April

**Epidaurus** – Explore this ancient healing center dedicated to Asklepios, god of healing. With facilities for taking care of the mind, body and spirit and set within beautiful surroundings, it is a prototype of a future integrative health center. Its dream temple and magnificent Greek theatre remind us there is much to learn about the power of healing.

**Mycenae** – Pass through the famous lion's gate and into this ancient citadel, the most powerful city in the Mediterranean from 1500-1100BC. Excavated by Heinrich Schliemann in the 19<sup>th</sup> century, he believed he had found the mask of the great king Agamemnon, who had a pivotal role in the Trojan War. The mask actually dates to an earlier time. Yet, the unusual bee-hive shaped tombs of Agamemnon and his wife Clytemnestra are still intact and speak of the challenging relationship between these two and how it changed the face of history.

**Nafplion** – Overnight in this ancient and beautiful city.

## DAY 04: Thursday 23rd April

**Delphi** – Travel to the place known as the navel of the Earth; marked by a jewel encrusted *Omphalos*. This is the site of one of the most famous oracles, *Pythia* who entered a state of trance through gases which rose from within the Earth. Found to be the location of the meeting of important earth energies, Delphi connects geometrically to all other sacred sites in the area.

We will explore the *temple of Apollo*, the *Castalian Springs* and the *Sanctuary of Athena*, with its intriguing Tholos, visited even today by those praying for fertility.

Overnight in Delphi.

## DAY 05: Friday 24th April

Continue our exploration of **Delphi**, then depart for **Kalambaka**.  
Overnight in Kalambaka.

## DAY 06: Saturday 25th April

**Meteora** – Visit these unique monasteries perched on strangely shaped rock pinnacles. The rocks were inhabited from 9<sup>th</sup> century ACE, the first buildings completed by 1371. The later monasteries were added in the 16<sup>th</sup> century and their superb frescoes are still visible.

**Dodona** – Set within rolling hills, wander amongst the ruins of the most ancient oracle associated with the Great Goddess whose symbol was the dove and who spoke through the rustling leaves of an Oak Tree.

Overnight in **Preveza**.

## DAY 07: Sunday 26th April

**Necromanteion of Ephyra** – By following the River Acheron, known as *the River Styx* (the crossing of the Underworld), we reach the place where Odysseus called upon the *Oracle of the Dead*. Here the ancient people would offer gifts to Persephone, ruler of the underworld, in the hope of speaking to their departed ancestors.

Overnight in Athens

## DAY 08: Monday 27th April

Fly from Athens to **Istanbul** on an early flight.

**Istanbul** – Arrive at Istanbul and drive to *Sultanahmet*, Old Istanbul. Here we enter the *Blue Mosque* with its thousands of blue tiles and 260 windows. Nearby we wonder at the Obelisk of Theodosius, *the serpentine, spiral column*, brought from Delphi and the magnificent *Topaki's Palace*. We explore the multicolored and multi-scented Spice market and then wander amongst the shoppers looking for bargains in the Grand Bazaar.

Depart from Istanbul airport to **Kayseri**; transfer to Gamirasu Cave Hotel

Overnight in **Cappadocia**

## DAY 09: Tuesday 28<sup>th</sup> April

**Cappadocia** -Visit *Goreme Open Air Museum*, a cluster of rock-cut Byzantine churches and monasteries with magnificent Frescoes and dining rooms where benches are cut from the rock. In the afternoon, we visit *Kaymalki* an ingeniously constructed underground City inhabited by whole communities for months at a time, when hiding from their enemies. Watch the sunset at *Pasabagi*, amongst clusters of mushroom shaped, fairy chimneys.

Dinner at the hotel followed by a performance of the *Whirling Dervishes*

Overnight in Cappadocia

## DAY 10: Wednesday 29<sup>th</sup> April

**Cappadocia:** Day of leisure with optional activities which include: Hot air ballooning Turkish baths, horse riding, trekking in valleys, visit to local farms, rest and meeting with local healers.

Overnight in Cappadocia

## DAY 11: Thursday 30<sup>th</sup> April

Drive to **Konya**, en route, visit the *Sultanhani Caravanseria*, a roadside inn where travelers could rest from their day's journey. Caravanserais supported the flow of commerce across a network of trade routes through Asia, North Africa and South-Eastern Europe on the legendary Silk and Spice roads.

**Catalhoyuk:** an active archeological site where the statue of an 8000 year old Great Mother was found, her environment devoid of any weapons or signs of sacrifice. Known as Kybele/ Cybele, she embodies the fertility powers of the Earth similar to Gaia and Rhea.

**Konya:** visit *Mevlana's Sufi temple*. Better known as Rumi, he is seen as one of the world's great mystical philosophers with poetry which speaks of the beloved. The founder of Sufism, the mystical branch of Islam, the tradition was continued after his death by his son with the addition of the whirling Dervishes.

Overnight in Konya

## DAY 12: Friday 1<sup>st</sup> May

Drive to **Pamukkale**. Visit *Hierapolis* with its beautiful theater, museum, hot springs and Temple of Apollo with its oracle associated with a spring called the Plutonium, dedicated to Pluto, god of the underworld. Walk down the spectacular white *Travertine terraces* created when warm, calcite-laden waters drip down over a series of terraced levels and through oval shaped pools

Overnight in Pamukkale.

## DAY 13: Saturday 2<sup>nd</sup> May

Drive to **Troy (Truva)** famous for the Trojan Horse, the fate of Cassandra and the battles between Paris, Achilles and Hector. Deeply connected to Helen (*the face which launched a 1000 ships*) ancient Troy, holds a romance for anybody who read Homer's Iliad. Truva is an active archaeological site, the city inhabited from 3000BCE and famous for Heinrich Schliemann's finds.

Overnight in Canakkale

## DAY 14: Sunday 3<sup>rd</sup> May

Drive to **Bergama** to visit the *Asclepion*, an ancient holistic medical center dedicated to Asclepius. Visit **Pergamum** an important kingdom which had the second greatest library in the ancient Greek civilization after Alexandria.

Overnight in Kusadasi.

### **DAY 15: Monday 4<sup>th</sup> May**

**Ephesus:** Visit the temple of Artemis, once one of the Seven Wonders of the Ancient World, dedicated to the fertility goddess Cybele/Artemis. Now only a single column remains but the powerful energy can be felt.

Wander through the wonderfully preserved remains of the great trading city of Ephesus, center for the cult of Cybele since 800 BCE. See the library, the sacred way, the terraced houses and the temple of Hestia where a eternal flame was lit. Visit the museum in Selcuk with fascinating archaeological pieces.

Overnight in Kusadasi.

### **DAY 16: Tuesday 5<sup>th</sup> May**

Transfer to the Cruise ship from Kusadasi to Piraeus

Arrive the island of **Patmos** and visit the cave where St. John received the Revelation in AD 95.

Sail for the island of Rhodes.

Overnight aboard the cruise ship.

### **DAY 17: Wednesday 6<sup>th</sup> May**

Arrive on the island of **Rhodes** and visit Rhodes Town which consists of a castle area where the Knights of St. John (part of the Knights Templar) built most of the monuments including the Palace of the Grand Masters and the great hospital, completed in 1489 ACE. Wander along the cobble stoned streets and amongst the shops of the lower city.

Overnight aboard the cruise ship.

### **DAY 18: Thursday 7<sup>th</sup> May**

Arrive on the island of **Crete** and visit the **Palace of Knossos**, built for King Minos, who kept the Minotaur (half man/ half beast) in an underground labyrinth. See houses with mosaic floors, statuary and a wealth of information about the Minoan culture which honored a powerful bare-breasted serpentine goddess, dolphins and the Divine Bull, reflecting the Age of Taurus which embraced Minoan rule.

Sail for **Santorini** arriving late afternoon. This crescent shaped island rises out of the clear blue sea with its cliffs dotted with white buildings. These cliffs are the ancient rim of a still active volcano, causing many to believe that it was the site of ancient Atlantis, re-enforced by Egyptian papyri and the words of Plato.

Overnight aboard the cruise ship.

### **DAY 19: Friday 8<sup>th</sup> May**

Disembark from Cruise ship at 6.00am. The tour ends here.

Arrangements can be made via Christine and Leland for those who wish to remain in Athens or be transported to Athens international airport. It is suggested that international flights are not booked before 12 noon on the 8<sup>th</sup> May.

***Welcome to a wonderful adventure! – Christine and Leland***